



MARK YOUR CALENDAR!

for The 2006 Physical Activity Conference

*"Working Together to Implement Physical Activities
within Your Community for School Age Youth"*



Dr. Joanne Owens-Nauslar Ed.D, one of the country's most vocal personalities on the issues of physical activity and currently the Director of Corporate and Community Relations for Walk4Life, will help facilitate the day-and-a-half workshop.

"Dr. Jo" uses fitness and motivational skills to promote movement-centered programs that empower student and adult populations to increase their daily physical activity.

**Don't Miss this Opportunity to Hear
"Dr. Jo" - Nationally Renown Speaker!**

Participants will be asked to bring their planning formats and content with them to share with community partners. Dr. Jo will assist the participants with development of mutual plans for physical activities in the community utilizing the resources and tools shared throughout the conference.

Sponsored by: The Kentucky Department for Public Health's Physical Activity Program staff and the Coordinated School Health Staff at the Kentucky Department for Public Health and the Kentucky Department for Education

CHOOSE THE LOCATION CLOSEST TO YOU!

**Griffin Gate Marriott
Resort • Lexington
February 7 and 8,
2006**

(Deadline for registering for Griffin Gate Marriott is January 24th.)

**Kentucky Dam Village
State Resort Park
February 21 and 22,
2006**

(Deadline for registering for Ky. Dam Village is February 14th.)

REGISTER AT **ky.train.org**

Application is being made for CEU's for Nursing, Dietician, Social Work, CHES and Leadership hours.